

Effective Date:
Monday, April 27, 2020

### **Test Updates**

#### **Immediate Action**

In our continuing effort to provide you with the highest quality toxicology laboratory services available, we have compiled important changes regarding a number of tests we perform. Listed below are the types of changes that may be included in this notification, effective Monday, April 27, 2020

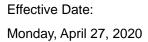
**Test Changes -** Tests that have had changes to the method/ CPT code, units of measurement, scope of analysis, reference comments, or specimen requirements.

**Discontinued Tests -** Tests being discontinued with alternate testing suggestions.

Please use this information to update your computer systems/records. These changes are important to ensure standardization of our mutual laboratory databases.

If you have any questions about the information contained in this notification, please call our Client Support Department at (866) 522-2206. Thank you for your continued support of NMS Labs and your assistance in implementing these changes.

The CPT Codes provided in this document are based on AMA guidelines and are for informational purposes only. NMS Labs does not assume responsibility for billing errors due to reliance on the CPT Codes listed in this document.





# **Test Updates**

| Test<br>Code | Test Name   | Test<br>Name | Method /<br>CPT Code | Specimen<br>Req. | Stability | Scope | Units | Reference<br>Comments | Discontinue |
|--------------|---|--------------|----------------------|------------------|-----------|-------|-------|-----------------------|-------------|
| 0570U        | Designer Benzodiazepines (Qualitative),<br>Urine (Forensic) |              |                      |                  |           | •     |       |                       |             |
| 52487U       | Designer Benzodiazepines Confirmation (Qualitative), Urine  |              |                      |                  |           |       |       |                       | •           |
| 52487B       | Designer Benzodiazepines Confirmation,<br>Blood             |              |                      |                  |           |       |       |                       | •           |
| 52487SP      | Designer Benzodiazepines Confirmation,<br>Serum/Plasma      |              |                      |                  |           |       |       |                       | •           |
| 0570B        | Designer Benzodiazepines, Blood (Forensic)                  |              |                      |                  |           | •     |       |                       |             |
| 0570SP       | Designer Benzodiazepines,<br>Serum/Plasma (Forensic)        |              |                      |                  |           | •     |       |                       |             |



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# **Test Updates**

### **Test Changes**

| 0570U Designer Benz                     | zodiazepines (Qualitative), U   | Irine (Forensic)   |  |
|---|---|--|--|
| Summary of Changes:                     | Scope of Analysis was changed. Order of Reporting was changed. Nitrazolam, Flunitrazolam, Flualprazolam and Alpha-Hydroxyetizolam were added. Pyrazolam, Meclonazepam and Deschloroetizolam were removed. |  |  |
| Scope of Analysis:<br>Method (CPT Code) |   |  |  |
| Compound Name                           | Units   | Reference Comment  |  |
| Nitrazolam                              | ng/mL   | Nitrazolam is a benzodiazepine drug that is used as a novel psychoactive substance. It is reported to have CNS depressant properties and shares anticonvulsant, muscle relaxant, hypnotic, anxiolytic and sedative effects with other benzodiazepines. It is not marketed for use as a pharmaceutical product in any country.    |  |
| Flunitrazolam                           | ng/mL   | Flunitrazolam is a benzodiazepine drug that is used as a novel psychoactive substance. It is reported to have CNS depressant properties and shares anticonvulsant, muscle relaxant, hypnotic, anxiolytic and sedative effects with other benzodiazepines. It is not marketed for use as a pharmaceutical product in any country. |  |
| Flualprazolam                           | ng/mL   | Flualprazolam is a benzodiazepine drug that is used as a novel psychoactive substance. It is reported to have CNS depressant properties and shares anticonvulsant, muscle relaxant, hypnotic, anxiolytic and sedative effects with other benzodiazepines. It is not marketed for use as a pharmaceutical product in any country. |  |
| Alpha-Hydroxyetizolam                   | ng/mL   | Alpha-hydroxyetizolam is a major metabolite of etizolam, a benzodiazepine that is prescribed in certain Asian and European countries. Etizolam is not approved for use in the United States, and is typically encountered as a novel psychoactive substance.   |  |
| 0570B Designer Benz                     | zodiazepines, Blood (Forens   | sic)   |  |



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### **Test Updates**

#### **Test Changes**

Summary of Changes: Scope of Analysis was changed.

Order of Reporting was changed.

Flualprazolam, Alpha-Hydroxyetizolam, Nitrazolam and Flunitrazolam were

added.

Pyrazolam, Meclonazepam and Deschloroetizolam were removed.

Scope of Analysis: LC-MS/MS (80346): Bromazepam, Nitrazolam, Flunitrazolam, Flualprazolam, Alpha-

Method (CPT Code) Hydroxyetizolam, Clonazolam, Flubromazolam, Etizolam, Flubromazepam,

Delorazepam, Phenazepam, Diclazepam

| Compound Name         | Units | Reference Comment   |
|-----------------------|-------|---|
| Nitrazolam            | ng/mL | Nitrazolam is a benzodiazepine drug that is used as a novel psychoactive substance.  It is reported to have CNS depressant properties and shares anticonvulsant, muscle relaxant, hypnotic, anxiolytic and sedative effects with other benzodiazepines.  It is not marketed for use as a pharmaceutical product in any country.   |
| Flunitrazolam         | ng/mL | Flunitrazolam is a benzodiazepine drug that is used as a novel psychoactive substance. It is reported to have CNS depressant properties and shares anticonvulsant, muscle relaxant, hypnotic, anxiolytic and sedative effects with other benzodiazepines. It is not marketed for use as a pharmaceutical product in any country.  |
| Flualprazolam         | ng/mL | Flualprazolam is a benzodiazepine drug that is used as a novel psychoactive substance. It is reported to have CNS depressant properties and shares anticonvulsant, muscle relaxant, hypnotic, anxiolytic and sedative effects with other benzodiazepines. It is not marketed for use as a pharmaceutical product in any country.  |
| Alpha-Hydroxyetizolam | ng/mL | Alpha-hydroxyetizolam is a major metabolite of etizolam, a benzodiazepine that is prescribed in certain Asian and European countries. Etizolam is not approved for use in the United States, and is typically encountered as a novel psychoactive substance. Alpha-hydroxyetizolam has pharmacological activity nearly equal to that of etizolam and accumulates in plasma due to its longer elimination half-life, approximately twice that of its parent. |

0570SP Designer Benzodiazepines, Serum/Plasma (Forensic)



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### **Test Updates**

#### **Test Changes**

Summary of Changes: Scope of Analysis was changed.

Order of Reporting was changed.

Nitrazolam, Flunitrazolam, Flualprazolam and Alpha-Hydroxyetizolam were

added.

Pyrazolam, Meclonazepam and Deschloroetizolam were removed.

Scope of Analysis: LC-MS/MS (80346): Bromazepam, Nitrazolam, Flunitrazolam, Flualprazolam, Alpha-

Method (CPT Code) Hydroxyetizolam, Clonazolam, Flubromazolam, Etizolam, Flubromazepam,

| Compound Name         | Units | Reference Comment   |
|-----------------------|-------|---|
| Nitrazolam            | ng/mL | Nitrazolam is a benzodiazepine drug that is used as a novel psychoactive substance. It is reported to have CNS depressant properties and shares anticonvulsant, muscle relaxant, hypnotic, anxiolytic and sedative effects with other benzodiazepines. It is not marketed for use as a pharmaceutical product in any country.   |
| Flunitrazolam         | ng/mL | Flunitrazolam is a benzodiazepine drug that is used as a novel psychoactive substance. It is reported to have CNS depressant properties and shares anticonvulsant, muscle relaxant, hypnotic, anxiolytic and sedative effects with other benzodiazepines. It is not marketed for use as a pharmaceutical product in any country.  |
| Flualprazolam         | ng/mL | Flualprazolam is a benzodiazepine drug that is used as a novel psychoactive substance. It is reported to have CNS depressant properties and shares anticonvulsant, muscle relaxant, hypnotic, anxiolytic and sedative effects with other benzodiazepines. It is not marketed for use as a pharmaceutical product in any country.  |
| Alpha-Hydroxyetizolam | ng/mL | Alpha-hydroxyetizolam is a major metabolite of etizolam, a benzodiazepine that is prescribed in certain Asian and European countries. Etizolam is not approved for use in the United States, and is typically encountered as a novel psychoactive substance. Alpha-hydroxyetizolam has pharmacological activity nearly equal to that of etizolam and accumulates in plasma due to its longer elimination half-life, approximately twice that of its parent. |



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# **Test Updates**

#### **Discontinued Tests**

| Test Code | Test Name                                    | Alternative Test             |
|-----------|--|------------------------------|
| 52487U    | Designer Benzodiazepines Confirmation        | No Alternate Tests Available |
|           | (Qualitative), Urine                         |                              |
| 52487B    | Designer Benzodiazepines Confirmation, Blood | No Alternate Tests Available |
| 52487SP   | Designer Benzodiazepines Confirmation,       | No Alternate Tests Available |
|           | Serum/Plasma                                 |                              |